



SEPTEMBER 2018

Maryland WIC
Better Nutrition Brighter Future

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Carroll County For Breastfeeding support near you: (410) 876-4898 Elaine Geisler, Certified Breastfeeding Specialist [English] Mona Ramirez, Certified Breastfeeding Specialist [Spanish] Laurie Hegg-Boyle, Certified Breastfeeding Specialist [English] Barbara Regan, RD – Breastfeeding Coordinator		*Group is facilitated by Angela Baublitz RN, BSN IBCLC Lactation Specialist **Class taught by Melissa Drodgy, RN, IBCLC Certified Lactation Specialist				1 Breastfeeding Hotline – 410-871-7024
	3 Labor Day	4	5	6 Carroll Hospital Breastfeeding Support Group* 12:00pm - 1:00pm Shauck Auditorium Free/no registration required. Walk-ins welcome.	7	8
9	10	11	12	13 Carroll Hospital Breastfeeding Support Group* 12:00pm - 1:00pm Shauck Auditorium Free/no registration required. Walk-ins welcome.	14	15
16	17	18 Breastfeeding Class: Learn How To Breastfeed** Carroll Hospital in the Shauck Auditorium 6:30 pm – 9:00 pm To register, call 410-871-7000. Fee \$30.00/couple or support person	19	20 Carroll Hospital Breastfeeding Support Group* 12:00pm - 1:00pm and 6:15 pm 7:15 pm Shauck Auditorium Free/no registration required. Walk-ins welcome.	21	22
23/30	24	25	26	27 Carroll Hospital Breastfeeding Support Group* 12:00pm - 1:00pm Shauck Auditorium Free/no registration required. Walk-ins welcome.	28	29



OCTOBER 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Carroll County For Breastfeeding support near you: (410) 876-4898 Elaine Geisler, Certified Breastfeeding Specialist [English] Mona Ramirez, Certified Breastfeeding Specialist [Spanish] Laurie Hegg-Boyle, Certified Breastfeeding Specialist [English] Barbara Regan, RD – Breastfeeding Coordinator			*Group is facilitated by Angela Baublitz RN, BSN IBCLC Lactation Specialist **Class taught by Melissa Drodty, RN, IBCLC Certified Lactation Specialist		Breastfeeding Hotline – 410-871-7024	
	1	2	3	4 Carroll Hospital Breastfeeding Support Group* 12:00pm - 1:00pm Shauck Auditorium Free/no registration required. Walk-ins welcome.	5	6
7	8 Columbus Day	9	10	11 Carroll Hospital Breastfeeding Support Group* 12:00pm – 1:00pm Shauck Auditorium Free/no registration required. Walk-ins welcome.	12	13
14	15	16 Breastfeeding Class: Learn How To Breastfeed** Carroll Hospital in the Shauck Auditorium 6:30 pm – 9:00 pm To register, call 410-871-7000. Fee \$30.00/couple or support person	17	18 Carroll Hospital Breastfeeding Support Group* 12:00pm - 1:00pm and 6:15 pm – 7:15 pm Shauck Auditorium Free/no registration required. Walk-ins welcome.	19	20
21/28	22/29	23/30	24/31	25 Carroll Hospital Breastfeeding Support Group* 12:00pm - 1:00pm Shauck Auditorium Free/no registration required. Walk-ins welcome.	26	27



NOVEMBER 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Carroll County For Breastfeeding support near you: (410) 876-4898 Elaine Geisler, Certified Breastfeeding Specialist [English] Mona Ramirez, Certified Breastfeeding Specialist [Spanish] Laurie Hegg-Boyle, Certified Breastfeeding Specialist [English] Barbara Regan, RD – Breastfeeding Coordinator</p>		<p>*Group is facilitated by Angela Baublitz RN, BSN IBCLC Lactation Specialist **Class taught by Melissa Drodgy, RN, IBCLC, Certified Lactation Specialist Breastfeeding Hotline – 410-871-7024</p>		<p>1 Carroll Hospital Breastfeeding Support Grp* 12:00pm - 1:00pm Shauck Auditorium Free/no registration required. Walk-ins welcome.</p>	<p>2</p>	<p>3</p>
4	5	<p>6 Election Day</p>	7	<p>8 Carroll Hospital Breastfeeding Support Grp* 12:00pm - 1:00pm Shauck Auditorium Free/no registration required. Walk-ins welcome.</p>	9	10
11	<p>12 Veteran's Day</p>	<p>13 Breastfeeding Class: Learn How To Breastfeed** Carroll Hospital in the Shauck Auditorium 6:30 pm – 9:00 pm To register, call 410-871-7000. Fee \$30.00/couple or support person</p>	14	<p>15 Carroll Hospital Breastfeeding Support Grp* 12:00pm - 1:00pm and 6:15 pm – 7:15 pm Shauck Auditorium Free/no registration required. Walk-ins welcome.</p>	16	17
18	19	20	21	<p>22 Thanksgiving</p>	<p>23 American Indian Heritage Day</p>	24
25	26	27	28	<p>29 Carroll Hospital Breastfeeding Support Grp* 12:00pm - 1:00pm Shauck Auditorium Free/no registration required. Walk-ins welcome.</p>	30	